Veneers

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What is a veneer?

A veneer is a thin layer of porcelain made to fit over the front surface of a tooth.

When would I need a veneer?

Veneers improve the colour, shape and position of your teeth. A precise shade of porcelain can be chosen to give the right colour to improve a single discoloured tooth or to lighten the front teeth. A veneer can make a chipped tooth look intact again.

The porcelain covered the whole of the front of the tooth with a thicker section replacing the broken part. Veneers can also be used to close small gaps when orthodontic braces are not suitable. If one tooth is slightly out of position, a veneer can sometimes be fitted to bring it in line with the others.

What are the advantages of veneers?

Veneers make teeth look natural and healthy. As they are very thin, and held in place by a special strong bond, very little preparation of the tooth is required.

How are teeth prepared for a veneer?

Some of the shiny outer enamel surface of the tooth may be removed, to ensure that the veneer can be bonded permanently in place later. The amount of enamel removed is tiny and will be the same thickness of the veneer to be fitted, so that the tooth stays the same size.

A local anaesthetic may be used to ensure that there is no discomfort, but often this is unnecessary. Once the tooth has been prepared, Keval, the Dental Practitioner, will take an impression. This will be given to the dental technician, along with any other information required to make the veneer. The colour of the surrounding teeth is matched on shade guide to ensure that the veneer will look entirely natural.

How long will it take?

A veneer takes at least 2 visits. The first visit will be to prepare the tooth and to match the shade, and the second to fit it. Prior to bonding it in place, Keval will show you the veneer on your tooth to make sure you are happy with it. Bonding a veneer in place is done with a special adhesive, which holds it firmly on the tooth.

Will I need a temporary veneer between visits?

As the preparation of the tooth is so slight, you will probably not need a temporary veneer. The tooth will look very much the same after preparation, but will feel slightly less smooth.

What happens after the veneer is fitted?

Only minor adjustments can be made to the veneer after it is fitted. It is usually best to wait a little while to get used to it before any changes are made.