# Dentures

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#### What is a denture?

Dentures are worn by people to replace lost or missing teeth.

A 'complete' or 'full' denture is one which replaces all the natural teeth in either the upper or lower jaw. A 'partial' denture fills spaces left by lost or missing teeth. It can be either fastened to your natural teeth with metal clasps or 'precision attachments'.

#### Why should you wear dentures?

Full dentures, to replace all your own teeth, fit comfortably over your gums. They help you to eat properly and speak clearly.

#### How soon can you have a denture after your teeth have been extracted?

Normally, dentures can be fitted straight after your teeth have been removed. However, bone and gums can shrink over time, especially during the first 6 months after your teeth have been extracted. If your gums have shrunk, your dentures may need relining, adjusting, or even replacing.

Sometimes, Keval, the Dental Practitioner, may advise you to wait until your gums have healed before having your dentures fitted as this can sometimes provide a better fit. Healing can take several months.

## Who will make and fit the denture?

Keval would need to take measurements and impressions of your mouth, then order your denture from a denture technician.

### Will dentures make you look different?

Replacing lost or missing teeth is good for your health and appearance. A complete or partial denture replaces your natural teeth and gives support to your cheeks and lips.

Dentures can be made to closely match your natural teeth so that your appearance hardly changes.

#### How long do dentures last?

As long as you look after your dentures well they should last several years. However, your dentures may need to be relined or re-made due to bone and gum ridges shrinking.